The Program

Life Commitment is an 8-day program that provides an opportunity for Catholic religious women and men to contemplate and reflect on their call to embrace a life-time commitment to consecrated life. Those discerning or anticipating profession of final vows gather in the company of their peers with presenters, seasoned in religious life and skilled in adult learning processes, to engage the compelling questions, experiences, and insights that speak to the reality of living vowed religious life in the 21st century.

During their time together, participants reflect on their:

- Relationship with God, Community, Church and Culture.
- Personal and communal witness to the mission of Jesus Christ as vowed religious.
- Call to service for the life of the Church, world and Earth.
- Commitment and authentic living of the vows – poverty, celibacy, and obedience.

The program creates opportunities for participants to:

- Gain insight into the challenges and blessings of living as vowed religious at this time in history.
- Enhance their ability to reflect, live, and act in a manner consistent with the prophetic mission and nature of their vocation call.
- Participate in personal and communal prayer and daily Eucharistic liturgy.
- Dialogue with peers and share experiences, both challenges and graces, of vowed communal life.
- Meet new friends and connect with women and men from diverse cultures and congregations/provinces, and experience an array of charisms.

Locations, dates and applications for the Life Commitment Program are available online at: [www.relfcon.org](http://www.relfcon.org).


“I feel refreshed and reinvigorated in my vocation. Through the energy, passion and imagination of my religious brothers and sisters I truly felt the power and life of the Spirit amongst us.”
“I have been graced with an appreciation of God’s work and great care for each of us as we live into vowed religious life.”

“I have been graced with deeper insights of the vows and knowing I’m not on this journey alone.”

“This time away from my ministry and everyday life activities rejuvenated why I first said ‘yes’ and enriched my desire to continue to say ‘yes’.”
The Religious Formation Conference (RFC) is a national Roman Catholic organization serving religious institutes of women and men with programs and services for those in the ministry of initial and lifelong formation, and general congregational membership.